

## **RULES & REGULATIONS**

### **1 FORMAT**

1.1 The format of the Competition shall be as follows:

- a) The competition shall be played using Round Robin format.
- b) Each team shall comprise a minimum of 5 players and maximum of 10 players. Make-up of a 5-a-side team must have 2 females & 3 males. If the team do not meet the minimum number of players and/or 2 female & 3 male players, the team will be deemed as disqualified from the tournament. Any replacement of players should be informed before/on the date of registration.
- c) There must be at least two (2) female players in a team on the field at all times.
- d) Playing time for all games will be 2 periods of 10 minutes each, with 2 minute interval. Central timing will be provided.
- e) The score cap will be at nine (9).
- f) If a match ends in a draw at the end of 20 minutes, an extra time of one minute will be added. The first team that scores, wins. Three points will be awarded for a win and zero points for loss.
- g) Substitution of players can only be made after the point is scored or to substitute an injured player.
- h) All teams must be ready at the designated courts to start the games promptly. A team must have a minimum of 4 players on the field before a game can start otherwise that team shall concede a walkover to the opponent team.
- i) Should there be a tie of points after completion of the Round Robin matches, the winning team be determined by the following sequence:
  - 1) win-loss
  - 2) head-to-head
  - 3) goal difference and
  - 4) points scored.
- j) After the round-robin matches, the final positions would be decided as follows:
  - ~ Top team play 2nd team to decide Champion and 1st Runner-up
  - ~ 3rd team play 4th team to decide 2nd and 3rd Runner-up
  - ~ 5th team play 6th team to decide 5th and 6th positions.

### **2 ATTIRE**

- 2.1 No bare bodies are allowed of either gender in the competition and players are to bring their own jersey and tops. It is advisable to bring 2 sets in the event that colour clashes.
- 2.2 When the jersey colours of two teams are similar, the first named team in the fixtures shall change their jerseys/bibs to a different colour.