



**MY EYE
MATTERS**

HOW WELL DO YOU SEE?

DID YOU KNOW?

**Myth: I can see well.
I don't need an eye exam.**



Truth: Some eye diseases such as glaucoma have no symptoms! Only a comprehensive eye exam can detect eye conditions such as cataract and retinal tears.

Are your eyes under strain?



Take regular breaks by looking 20 feet (6 m) away for 20 secs every 20 mins.

The optimal distance for your mobile phone, laptop and desktop is about 40, 50 and 70 cm respectively.

Can kids wear contact lenses?



Yes, kids can wear contact lenses too! Adults above 40 with presbyopia (lao hua) can also wear multifocal contact lenses. Daily disposable lenses carry an infection risk of 2 events per 10,000 patients.

Myth: Myopic kids just need to correct their vision



Truth: Every 1 diopter (100 degrees) increase in myopia increases risk of myopic maculopathy by 67%. Myopic kids need to use specialised spectacle lenses, contact lenses or eye drops to control their myopia progression.

NaturalVue® Multifocal Contact Lenses for Presbyopes & Myopic Kids



These new multifocal daily disposable lenses can help adults above 40 with presbyopia to see clearly. Myopic kids can also wear them to control their myopia progression. Learn more at vtivision.com.

GET 5 DAY FREE TRIAL HERE!*

*CONSULTATION FEE APPLIES



EXCLUSIVE PROMOTIONS FOR MOE STAFF AND IMMEDIATE FAMILY

VALID FROM 29 JAN TO 31 MAR 2021

HOME EYE EXAM / OPTICAL SERVICE

**Fancy a comprehensive
eye exam and get
eyeglasses in the comfort of
your own home?**



- Try on frames with your loved ones
- Get an up-to-date prescription and lens recommendation from our optometrist
- Opt for eye exam to detect conditions such as cataract, glaucoma
- Eyeglasses delivered to your doorstep
- Complimentary after-sales service
- 1 year lens guarantee for manufacturing defects

STAY HOME OFFERS EYEGLASSES FROM \$128

EYE EXAM & EYEGLASSES BUNDLE FROM \$168 (SAVE \$40)

25% OFF ALL PROGRESSIVE LENSES

OPTICAL STORE / EYE CLINIC OFFERS

EYEGLASSES

BLUE PROTECT FROM \$128

Protects your eyes from harmful blue light

PHOTOCHROMICS FROM \$198

Blocks UV rays and filters harmful blue light both indoors and outdoors

DIGITAL BOOSTER FROM \$288

Offers relief for your overworked eyes

EYE EXAMS

**EYE EXAM & OPTOMETRIST
CONSULTATION FOR \$59 ~~\$80~~**

**EYE EXAM & OPHTHALMOLOGIST
CONSULTATION FOR \$88 ~~\$130~~**

LASIK CONSULT / SURGERY

Lasik Consultation: **\$88 ~~\$130~~**

Lasik Standard: **\$1,550 per eye**

iDesign iLasik: **\$1,750 per eye**

iDesign iLasek: **\$1,750 per eye**

PRE-CATARACT SCREENING

Pre-Cataract Screening +
Ophthalmologist Consultation
\$88 ~~\$130~~

CONTACT LENSES



BUY 3 GET 1 FREE

Clariti 1 Day, Clariti 1 Day Multifocal, and Clariti 1 Day Toric



BUY 2 GET 2 FREE

FreshKon Alluring Eyes & Colors Fusion 1-Day (10 PCS) and 1-Month cosmetic



Book appointment here

Or whatsapp +65 88501568

Our e-store



Eye health blog



myeyematters.com



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