

# **Sports for Life Million Steps Challenge 2021 Season 2**

## *Challenger Guide*

2021 07/18 — 2021 10/25



× Pacer



## Hello, Challengers! Welcome to **Sports for Life Million Steps Challenge 2021 Season 2**

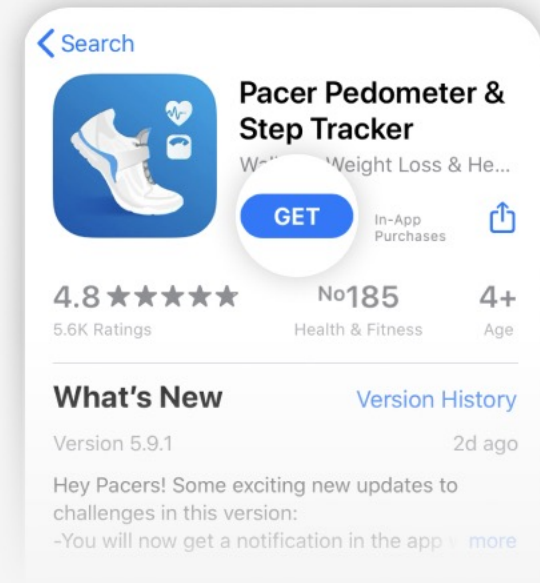
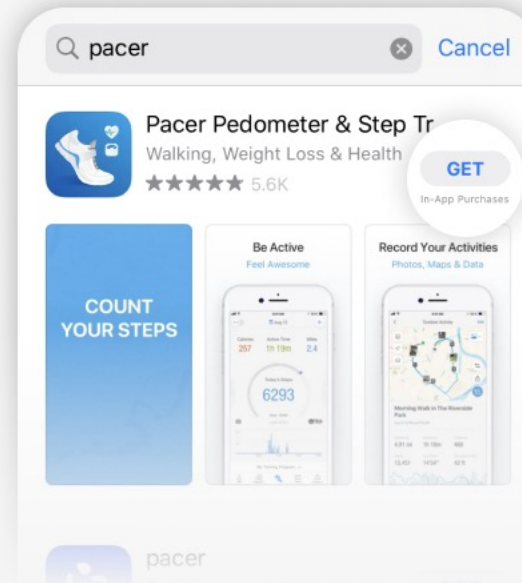
Here is what you need to know before start. Let's have a look.

### How Can I Join This Challenge?

First, you need to download App "**Pacer**".

Go to  or  search "**Pacer**".

If you have already downloaded **Pacer**, please make sure to update to the **latest** version.

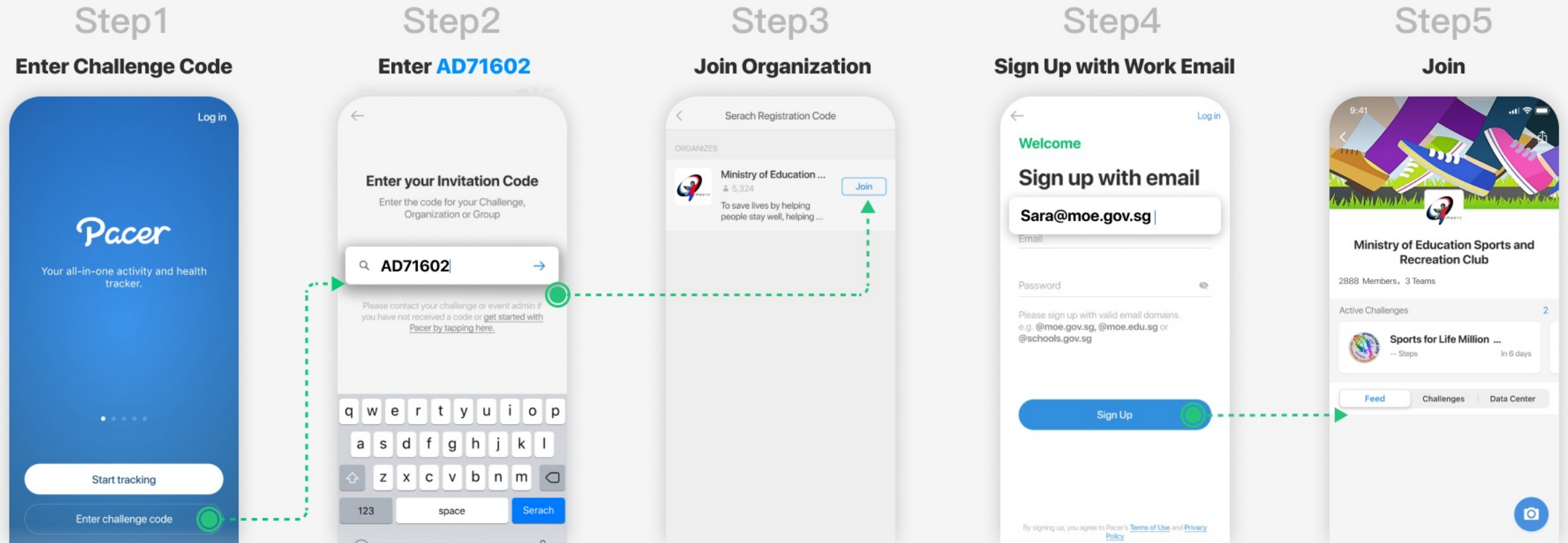


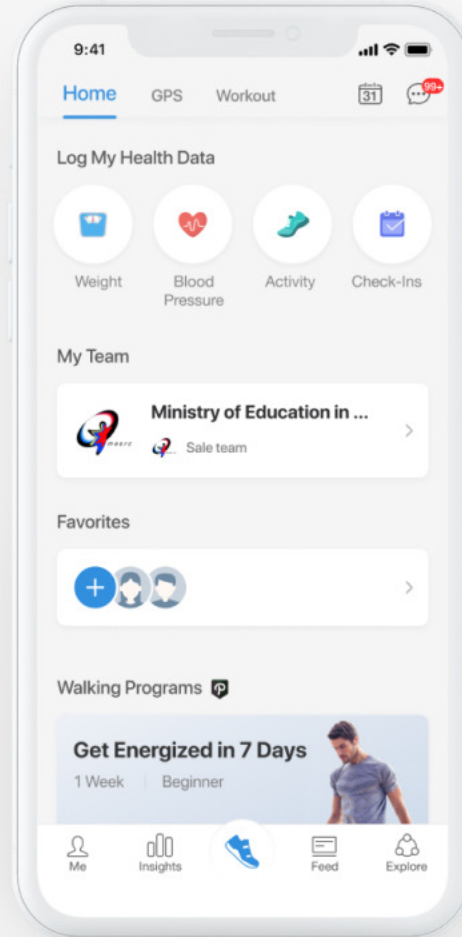
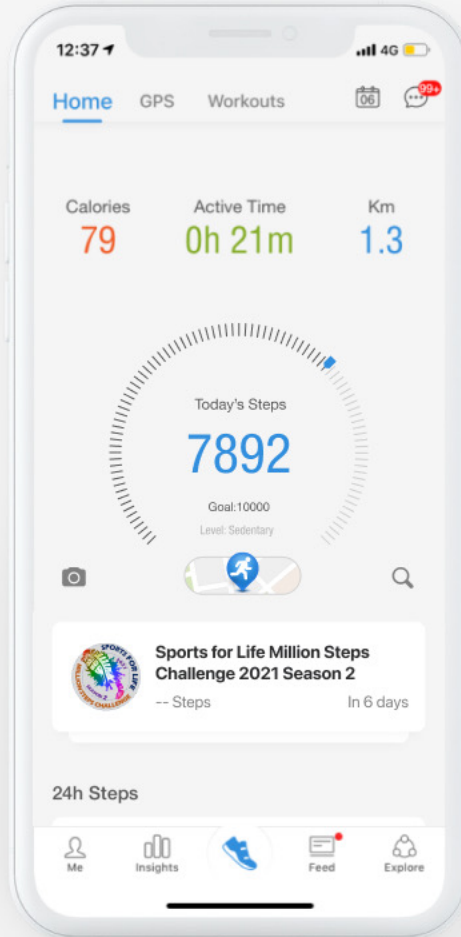


## If you're new to Pacer...

Be sure to use your **work email** to register your account or you won't be able to join the challenge!

Ensure your MOE Email Address (e.g. [moe.gov.sg](mailto:moe.gov.sg), [moe.edu.sg](mailto:moe.edu.sg) or [schools.gov.sg](mailto:schools.gov.sg)) registered on your FormSG **MUST BE THE SAME** as your email registered on your PACER app.





## You are all set!

Once you've completed the onboarding steps above, you will be in the challenge.

You can find the challenge and your team on Homepage.

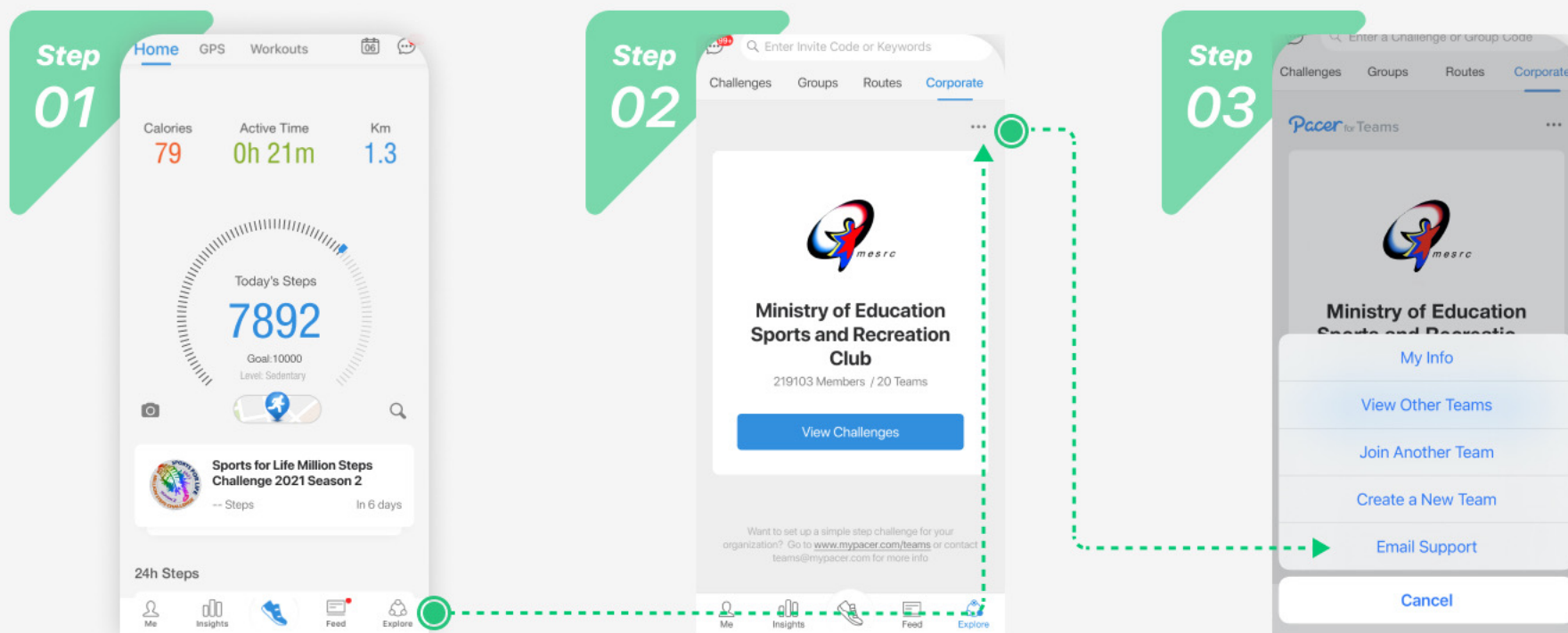
Once the challenges start, activity data recorded by Pacer will automatically count toward your challenge progress!

Have fun with this challenge, and feel free to contact with [support@mypacer.com](mailto:support@mypacer.com) if you encounter any difficulties onboarding or with the Pacer App.

## If you need a help...

If you have any issues or questions during the challenge, please take the following steps to directly contact the **P4T Challenge Support Team**:

- Step 1** Launch Pacer, then tap the **Explore Menu** in the bottom right corner, and then Corporate in the top right corner.
- Step 2** Tap the extra options (...) **button** just below the Corporate Tab and choose Email Support.
- Step 3** An email will be created in your phone's active email account. Explain the issue and attach any screenshots to help diagnose the problem. The email will also send your phone log so the Support Team can look into the issue in more details.





## Start Stepping!

Steps will be tracked through Pacer on your smartphone, so make sure to grab your phone to track every step and stay at the top of the Leaderboard.

The Data Center Tab will always allow you to see today's steps, yesterday's steps, and average steps month to date for everyone in the challenge.

### ( Regularly Sync Your Data )

You must launch Pacer every 1-2 days to ensure your challenge activity data is up to date.

Direct data syncing with Fitbit and Garmin as indicated below:

Pacer Android supports [direct data syncing with Fitbit, Garmin, and connects to Google Fit and Samsung Health.](#)

Pacer iOS supports [direct data syncing with Fitbit and Garmin, and connects to Apple Health.](#)

